

GAMBLERS ANONYMOUS LIFE-LINE YEARLY BULLETIN SUBSCRIPTION FORM
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## DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

**GAMBLING**, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

## **BOARD OF REGENTS MEETING MINUTES OF AUGUST 19, 2023**

Call to order: The Chair, Bob W., called the meeting to order at 9:30 A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

## Roll call was taken by the recording secretary, Valerie D.

Present: Present by phone:	Bob W., John C., Laura M., Valerie D., Zach M., Israel A., Office Manager. Arnie B., Lloyd A**, Jo K., KC B., International Executive Secretary.
Absent:	Ara H. **entered meeting @ 10:02
Guest:	present-Tom M.

## A. Minutes for July 15, 2023

A motion was made to approve the minutes as written.

#### MOTION SECONDED AND PASSED FOR-7 AGAINST-0 ABSTAINED-0

## B. Operating Statement for July 2023

A motion was made to approve the July 2023 Operating Statement as written.

#### MOTION SECONDED AND PASSED FOR-7 AGAINST-0 ABSTAINED-0

#### **OLD BUSINESS**

## A. OFFICE MANAGER Report-Israel A.

- NEW LIFELINERS- one, MA-1
- CANS (State) -0
- GROUP INFORMATION REQUEST FORMS RECEIVED: 0
- GROUP INFORMATION REQUEST FORMS RECEIVED PRIOR TO SENDING STARTER KITS - 3

- Three Starter Kits were sent out as follows after receiving the Group Information Request Forms for the month of July: Decatur, IL, Saugerties, NY, Orilla, ONT
- Prison Starter Kits Sent: 0
- Venmo & Zelle donations were \$1,754.38: Groups\$860.50, I.S.O. Can Donations \$228.00, Life-liner Donations \$ 590.00, 1X Donations \$ 75.88.
- Accountants are scheduled to be in our office on September 19,2023.

# B. INTERNATIONAL EXECUTIVE SECRETARY Report – KC B.

- July bulletin completed and sent to printer.
- Gratitude Month flier is in it.
- Working on August bulletin.
- Will be keeping Gratitude flier in this bulletin.
- BOT meeting minutes from Cleveland will be in August bulletin.
- Helped with formatting the anniversary information for the bulletin.
- BOT executive board expenses will be going out next week. (Per Guidance Code-60 days after the close of the fiscal year it has to be sent out).

#### C. DISCUSSED PRICING OF SHIPPING COST.

• Bob W. visited our local post offices and determined that Media Mail is a way to save on postage costs for books and pamphlets.

#### D. FOLLOW UP SAN DIEGO MINI CONFERENCE CANCEL-LATION.

• Some individual ideas were given only, relating to settlement with hotel.

#### **NEW BUSINESS**

#### A. DISCUSS RE-ESTABLISHING WEBSITE COMMITTEE.

- Committee was re-established.
- Valerie will remain as Chair.
- John C., Jo K., Zack M. Volunteered.
- Zoom meeting to be set/ up.

#### **B. DISCUSSED LIABILITY INSURANCE FOR TRUSTEE MEETING IN CHICAGO CONFERENCE, PER FINANCIAL** #11 OF THE STANDING RULES.

• Liability quote was reviewed and motion to approve the Quote for Liability as written.

#### MOTION SECONDED AND PASSED FOR-8 AGAINST-0 ABSTAINED-0

# C. DISCUSS MOVING THE NOVEMBER BOR MEETING UP TO NOVEMBER 11, 2023.

MOTION SECONDED AND PASSED FOR-8 AGAINST-0 ABSTAINED-0

Number of people who called in to listen to the meeting: one.

Collected: \$86.00

Meeting ended with the Serenity Prayer at 10:16 A.M. Next meeting will September 16, 2023.

Respectfully submitted by Valerie D., Recording Secretary

## **HELP IS AVAILABLE!**

On page 17, item #7 it says: "We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living."

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at <u>brucelaw8@mac.com</u>. He will reply by email or phone if you provide your number.

#### **RECOVERY PROGRAM**

As I go through the Recovery Steps this year, I will be using several different pieces of our literature for these steps. I am using the Gamblers Anonymous Working the Steps pamphlet, as well as the Gamblers Anonymous Writing the Steps booklet. These are both available in the online store on our website at www.gamblersanonymous.org.

I hope you find these helpful and they help you in your journey in some way.

# STEP 9 - Made direct amends to such people wherever possible, except when to do so would injure them or others.

To make direct amends means making amends in person whenever possible. If miles apart makes such a meeting impossible, a phone call, perhaps followed by a letter, would fit the bill. In regard to the method, you choose the question one must ask is: Am I following the program and taking my lumps or seeking a softer, easier way? One must be satisfied in one's own heart that you did the harm and likewise you must be satisfied with the method chosen to make amends.

Which amend should be made first? Look back to Step 4 and it's quite possible that you have already made or started to make amends. Sometimes pressure makes this decision, although that may not be the best way. Loan sharks might scare you more than bookies, so you may react to fear and start with them, bookies may come next, then banks. Last may come friends and relatives because you don't fear them; in truth, they should probably be first on your list except for a crime you've committed which may lead to court action and incarceration.

The solution to these questions may be found in an effective pressure relief group meeting. Usually amidst all the confusion, it will be suggested that each creditor be asked for a moratorium. This extra time will permit a chance for a pressure relief group meeting to be held and a course charted which will, in time, rid one of all the pressure of debts and bring manageability into the new way of life.

This pressure relief meeting can cover marital, legal and financial areas. It is an objective approach - help will come from experienced people who once were in the same shoes. The success of such a get-together depends on complete openness, spouse's willingness to cooperate in the plan and continuing desire to follow the plan to the letter until completed. It is equally important that the single member also have a pressure relief group meeting. As one approaches those harmed, one may assume to know how they will react to the effort. Try not to predict their reactions, their reaction is not predictable. At this point, honesty is needed. As long as this honesty is present, you can correctly present the harm and how you intend to try to make amends for this harm. One may be facing a long period of paying back debts; in some rare cases, perhaps, the task will take a lifetime. Remember, it took a long-time gambling to get to this point and it may take a longer time to repay. Recovery from addiction is a lifetime process. These wrongs can be corrected by practicing the Steps in your daily life. One may hear in Gamblers Anonymous, "You must walk the way you talk." As one practices the Steps, personal growth will result, and family will benefit. Abstaining from gambling, working the program and making amends, you will gradually return to society. Self-respect, so long absent, starts to return.

Making amends does not always mean just repaying. You may not have taken money from your in-laws. You might have treated them very poorly or with indifference -Also think about your fellow workers, teachers, neighbors, etc.

Good judgment will be required to take Step Nine.

- 1. Timing and prudence are needed.
- 2. We will also need courage.

#### **DISCUSS:**

- A. Has anger diminished? Can we deal with problems clearly and objectively?
- B. Today, what personal consequences are unacceptable? What fears remain?

Having made a list of those we harmed...we saw that "groups" of individuals are divided.

- 1. Some will be seen now, later, or never.
- 2. Some opportunities to make amends have been passed.

#### **DISCUSS:**

- A. Procrastination. Too much thinking and not enough work with personal problem solving and growth.
- B. Reasons for not making amends when opportunity arose. What to do at this point?

Step Nine warns we can only freely admit damage and apologize when...

- 1. We are reasonably certain we are recovering in the GA Program.
- 2. We are sincere.

#### **DISCUSS:**

- A. Current growth in GA.
- B. Need for "self-honesty." Has awareness of "self" improved?
- C. Have self-esteem and confidence grown? Explain.

Making amends may jeopardize our employment, family relations, and personal friendships.

- 1. Frankness is the best method.
- 2. When in doubt, seek help from Higher Power, GA group or sponsor; seek guidance.

#### **DISCUSS:**

- A. Difference between fear of consequences and shame of apologizing.
- B. Meaning of "Serenity Prayer."

#### From the desk of your International Executive Secretary.

As we finish up the September bulletin, I just want to say thank you to all the members, groups, intergroups, and RSOs who consistently contribute to your International Service Office to enable us to keep the doors open and help the compulsive gambler who still suffers. We could not do this without you.

I'd also like to remind you of the walk-a-thon at the Chicagoland International Conference in November! It will be held Saturday, November 18, 2023, in Chicago. Check out the upcoming announcements for more information. I love attending international conferences. I see people I haven't seen in a while, and I get to meet people from all over the world. I find them to be amazing for growth in the fellowship.

During Step 9 work, did you find that the person you wanted to make amends to was no longer around? Or you didn't have any way of contacting them? I did. There were two people on my list that had passed away and so I needed to figure out a way to make amends to them. One of them was financial amends, so taking the suggestion from my sponsor, I wrote them a letter and then made a financial donation to a charity in their name. And for the emotional amends, I wrote the person a letter. Both letters were then ceremoniously burned to let them go. What did you do? Did you find that Step 9 was freeing for you? Did you struggle with making amends? Walking through that fear can be an amazing feeling of accomplishment. I'd love to hear how you did it.

Yours in recovery and gratitude, KC B.

## LITERATURE – SUGGESTIONS

#### If you just started your recovery with Gamblers Anonymous:

- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book A New Beginning.
- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- Your First meeting.
- Questions and Answers about Gambling.
- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

#### If you have joined a little while ago:

- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
- Information packet.
- A Day at a Time meditation book.
- Big Book Sharing Recovery through GA.
- Have I quit the Fellowship?

#### If you are working the Steps:

- Working the Steps booklet.
- Step meeting handbook, Booklet.
- Daily inventory of my behavior (sheet).
- Fourth Step Inventory Moral Book.
- Step One recovery Workbook.
- Writing the Steps.
- 12 Steps Unity booklet.
- Group study book on the Unity Steps.

#### If you are interested to know more about GA, its structure, and its groups:

- Group Handbook Guide booklet.
- Guidance Code (trusteewebsite.com).
- Short term Group sponsorship.
- Suggestions for a Successful 90-day room.
- Suggestions for New Member Retention.
- Treasury Guideline Example.
- A Guide to Regional Service Offices.
- Intergroup Handbook.
- Public Relations flyer.

- Towards Recovery in Prison.
- Handbook for Judiciary, Lawyers, Counselors etc.
- The Stock market, Retirement accounts and Gamblers Anonymous.
- The First 40 years.
- Let's Host a Mini-Conference pamphlet.
- Hosting an International Conference pamphlet.

#### Need help? Ask a Trusted Servant to guide you further.

## **GROUP NEWS**

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Hello from sunny and warm Ft. Lauderdale. We are pleased to be able to donate to the ISO this month. It comes from the Ft. Lauderdale Monday night meeting at the Sanctuary Church.

This meeting has really taken off, we started after the pandemic was lifted, and now we are hosting 15 to 17 members regularly.

Thanks to all at the ISO who help us keep up with current literature and news of coming events.

May we all enjoy serenity in our lives, one day at a time.

Neal G., Ft. Lauderdale, Florida

Dear I.S.O.,

Enclosed is the August donation from the Wednesday night NE Philadelphia group.

Thank you for all the good work you do.

In Unity, Scott S., Philadelphia, Pennsylvania

Dear I.S.O.,

Enclosed is a donation from a private member, the Saturday New Westminster, Wednesday Port Coquitlam, and the Monday Abbotsford meetings.

Thank you so much, we would have been lost and alone without your help. You are a life raft for us.

Esther J., Greater Vancouver Area, British Columbia

Hi All,

It's that time of year again! A lot of one days at a time has gotten me to 26 years. WOW! I am so grateful and blessed to have taken this journey to a better way of life.

Thank you for all you do to help the recovering gamblers.

Yours in recovery, Debbie, Ft. Myers, Florida

Dear I.S.O.,

The Bloomington Gamblers Anonymous fellowship in Illinois has enclosed a donation for our appreciation. The funds were collected at our weekly meetings and equally distributed between the International Service Office and Chicago Intergroup.

Thank you, Jeff H., Bloomington, Illinois

Dear I.S.O.,

I'm just dropping you a note to let you know the Saturday morning GA meeting is going along nicely. We have been having two to six people each Saturday at 10:00 am.

I want to thank you, Frank S., Arnie W., and Bill B. for helping me get it going.

Thank you for the starter kit.

Rick M., Duluth, Minnesota

Dear I.S.O.,

Thank you for your service.

Joseph F., Ocean, New Jersey

Dear I.S.O.,

I hope this finds you well. Enclosed are some donations as congratulations on anniversaries for Popeye, of Edmonds, WA; Lynell B., of North Hollywood, CA; Joe C., of New York, NY; Robyn H., of Denver, CO, and Mary H., of Eugene, OR.

Thank you for all you do.

Anonymous

Dear I.S.O.,

Thank you for all you do.

Frank M., Daytona Beach, Florida

## ANNOUNCEMENT OF UPCOMING EVENTS

From Risk to Resilience Indianapolis 2023 Mini Conference Saturday, October 7, 2023 RSVP by September 23, 2023 19777 Morse Park Lane Noblesville, IN 46062 For more information, email indygamanon@gmail.com

2023 Chicagoland Intergroup
Fall 2023 International Conference
November 17 – 19, 2023
Hilton Oak Brook Hills Resort & Conference Center
3500 Midwest Road, Oak Brook, IL 60523
For more information, visit their website at
www.internationalconference2023.org

#### Walkathon 2023 Fall 2023 International Conference November 17, 2023, 7:00 am

There will be a walkathon on Saturday morning at the conference in Chicago! We will meet in the lobby at 7:00 am.

If you have any questions, email <u>ies@gamblersanonymous.org</u> and I'll get you in contact with the planner of this amazing walkathon!

## INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF AUGUST 2023

ARIZONA		L273	Victor S.
L36	Marc L.	L298	Cathy F.
L211	Jim L.	L301	Steve K.
L221	Janat G.	L314	Alan S.
L267	Penny V.	L384	Alvin F.
L287	James S.	L390	Jack R.
L546	Mo M.	L408	Ira B.
L692	Douglas G.	L419	Rufus B.
L964	Gregory B. X2	L432	Patrick P.
CALIFORNIA		L476	Garret C. X2
L1	Bob W.	L496	Guy H.
L4	Tom M.	L544	Harold A.
L6	Bill/Kathy S.	L563	Zachary M.
L8	Dan B.	L580	Curtis G.
L9	Mike M.	L593	Grant M.
L18	Chris G.	L601	David L.X2
L19	Wendy B.	L609	Kathie S.
L21	Ed E.	L617	Mike Z.
L31	Russell H.	L623	Lucille T.
L70	Keith B.	L648	Edward K.
L73	Karen H.	L678	Lynell B.
L87	Mike S.	L701	David L.
L88	Valerie D.	L772	Ara H. X2
L100	Mazi S.	L834	Candice B.
L116	Rob D.	L836	Albert Y.
L117	Steve F.	L871	Greg D.
L120	Phil C.	L907	Joseph G.
L151	Murray F.	L908	Jordan K.
L158	Gagik G.	L920	Jane J.
L209	Jose C.	L963	Eric F.

CALIFORNIA (c	ont)	L945	Eugene K.
L965	Brandon S.	L979	Rebecca P.
L968	Ralph G.	L989	Lois H.
L1001	Ray J.	L993	Carlos M.
COLORADO		L1002	Jim O.
L147	Lou W.	GEORGIA	
L950	Ron G.	L672	Tony L.
CONNECTICUT		HAWAII	
L581	Paul S.	L284	Kevin H.
FLORIDA		L553	David C.
L2	Bill B.	ILLINOIS	
L81	Paulette T.	L63	Bob C.
L97	Chuck R,	L114	Ellen Z.
FLORIDA (cont)		L344	Eileen Z.
L143	Neal G.	L823	Luke W.
L160	Jim C.	L962	Cynthia M.
L175	Lloyd A. X2	L977	Donna M.
L205	Steven P.	INDIANA	
L225	Kevin K.	L880	Fred B.
L233	Robert M.	KENTUCKY	
L251	Frank G.	L115	Laura S.
L313	Herman G.	L195	Steve B.
L351	Russell H.	LOUISIANA	
L420	Mark S.	L27	Betty S.
L423	Kathleen H.	L354	Kathleen S.
L429	Dennis S.	MARYLAND	
L450	Neil S.	L162	Jim D. X2
L483	Victor C.	MASSACHUSET	TS
L511	Chris N.	L598	Vinny S.
L549	Patricia P.	L998	Jonathan R.
L590	Dennis A.	MICHIGAN	
L607	Debbie M.	L272	Joann D.
L622	Andrew C.	MINNESOTA	
L627	Pauline F.	L715	Debra M.
L695	Ronald B.	L803	Renee G.
L815	Linda S.	NEVADA	
L835	Howard M.	L75	KC B.
L843	Neal V.	L150	Rollo H.
L844	Arnie B.	L325	Terry D.
L904	Marlon D.	L410	Joanne F.
L944	Brent S.	L439	Ira K.

NEVADA (cont)		L662	Joel K.
L486	Zeny K.	L847	Catherine B.
L507	Mark S.	L906	Mary F.
L561	Pilar L.	NEW YORK	
L599	Igor K.	L322	Stuart B.
L612	Dan M.	L465	Mohammed M.
L669	Terri R.	L516	Susan W.
L690	Lenore D.	L852	Norberto B.
L8937	Harriet K.	L882	Joe B.
L846	Bobby B.	L887	Pierre J. X2
L974	Mark G.	L951	Brad B.
L975	Larry S.	OHIO	
NEW JERSEY		L948	Edward G.
L94	Thomas D.	L986	Anthony K.
L174	Mike D.	OREGON	
L179	Christopher N.	L584	Curt P.
L183	Robin D.	L881	Pam B.
L212	Marshall R.	PENNSYLVANIA	A
L223	Fred D.	L40	Dan M.
L266	Kivey G.	L71	Marla J.
L295	Ted S.	L345	John B.
L311	Andrew D.	L533	Debbie D.
L349	George L.	L820	Josh S.
L350	John D.	L923	Mary M.
L433	Joseph F.	SOUTH CAROL	INA
L438	Matthew C.	L460	Louis M.
L497	Dave S.	SOUTH DAKOT	'A
L547	John P. X2	L641	Dale A.
L589	Ronald W.	TEXAS	
L638	Andrew G.	L245	Alan S.
L699	Craig H.	WASHIMGTON	
L856	Scott B. X2	L425	Terry D.
NEW JERSEY (a	cont)	L659	Connie M.
L863	Kathleen P.	WISCONSIN	
L985	Tristan D.	L443	Constance T.
NEW MEXICO		L988	Jeffrey R.
L572	Liane M		

## INDIVIDUAL LIFELINER DONATIONS AUGUST 2023

ARIZONA (8)	150.00	MINNESOTA (2)	60.00
CALIFORNIA (53)	3,324.00	NEVADA (16)	410.00
COLORADO (2)	35.00	NEW JERSEY (21)	543.00
CONNECTICUT (1)	20.00	NEW MEXICO (4)	70.00
FLORIDA (35)	1,214.00	NEW YORK (7)	299.00
GEORGIA(1)	80.00	OHIO (2)	70.00
HAWAII (2)	78.00	OREGON (2)	45.00
ILLINOIS (6)	170.00	PENNSYLVANIA (6)	128.00
INDIANA (1)	15.00	SOUTH CAROLINA (1)	20.00
KENTUCKY (2)	60.00	SOUTH DAKOTA (1)	10.00
LOUISIANA (2)	20.00	TEXAS (1)	50.00
MARYLAND (1)	30.00	WASHINGTON (2)	20.00
MASSACHUSETTS (2)	36.00	WISCONSIN (2)	25.00
MICHIGAN (1)	5.00	TOTAL (184)	\$6,987.00
	5100	()	+

## ANNIVERSARIES

<b>59 YEARS</b> MARSHALL R.	9/7	Simi Valley Thursday, CA
<b>47 YEARS</b> BOB S.	9/5	Wantagh, NY
<b>44 YEARS</b> MARK C.	9/13	Bensonhurst Recovery, NY
HARRY C.	9/15	Henderson, NV
<b>43 YEARS</b>	8/24	Red Deer, AB
BARRY I.	8/7	Woodbury, NY
41 YEARS MITCH W.	8/15	Wantagh, NY
40 YEARS BART S.	8/31	Bohemia, NY
RICK O.	9/21	Reno/Sparks, NV
PAUL S.	9/26	East 31st Street, NY
<b>39 YEARS</b> DAVE M.	8/15	Bloomingdale, IL
RONNY W.	9/7	West Hartford, CT
<b>37 YEARS</b> LEW B.	9/25	Woodbury, NY
36 YEARS JERRY L.	9/28	San Diego, CA
<b>34 YEARS</b> TONY S.	9/19	East 31st Street, NY
<b>33 YEARS</b> HARLAN S.	8/8	Wantagh, NY
JOE C.	9/11	Windsor, ON
<b>31 YEARS</b> ALAN H.	8/8	Chicago, IL
DAVE I.	8/9	Calgary, AB
HOWIE S.	9/19	Wantagh, NY
<b>30 YEARS</b> GRANT M.	9/9	Downey Saturday, CA

<b>28 YEARS</b> JOI	HNNY D.	8/10	Wantagh, NY
	HN F.	9/5	Windsor, ON
27 YEARS	<b>1</b> Τ.	9/9	San Diego, CA
<b>26 YEARS</b>		8/9	Rockville Centre, NY
	LLY C.	9/14	West 46th St. Zoom, NY
<b>24 YEARS</b> DO	DUG G.	9/3	Scottsdale, AZ
	BBY B.	9/10	Las Vegas, NV
JOA	ANNE F.	9/12	Las Vegas, NV
	ANNE V.	9/14	Las Vegas, NV
VIC	CKI B.	9/24	Las Vegas, NV
23 YEARS ED	NA W.	9/3	Las Vegas, NV
<b>21 YEARS</b> LE		9/3	Las Vegas, NV
NII	DA R.	9/13	Henderson, NV
JOA	AN T.	9/17	Las Vegas, NV
<b>20 YEARS</b>	MH.	9/20	Malden, MA
<b>19 YEARS</b>	SE N.	9/15	Gardena Friday Zoom, CA
LU	PI M.	9/19	Las Vegas, NV
DA	VID L.	9/20	Bensonhurst Recovery, NY
LO	RETTA D.	9/25	Hamburg, NY
<b>18 YEARS</b> PA	UL C.	8/23	Patchogue, NY
ТО	M C.	8/30	Patchogue, NY
GL	.ORIA H.	9/11	Las Vegas, NV
<b>17 YEARS</b> JER	FF H.	9/3	Newton, MA
OP	HER	9/12	Dallas, TX
GU	JWOON P.	9/14	Soowon, KOR
ED	) S.	9/18	West 46th Street, NY
<b>16 YEARS</b> DA	VID B.	9/5	East 31st St. Zoom, NY
DE	ENNIS L.	9/5	Pomona, NY
MA	ARK H.	9/9	Church on the Hill, NY
<b>15 YEARS</b>	JRI C.	8/11	Ft. Lauderdale, FL
NA	ANCY R.	9/2	Henderson, NV
SA	NDY C.	9/6	Las Vegas, NV
BO	OBBY C.	9/14	San Diego, CA
STA	AN K.	9/18	Fort Worth, TX
14 YEARS DIM	MITRI P.	9/10	North Andover, MA
MI	CHELLE S.	9/12	Reno/Sparks, NV
ST	EVE B.	9/16	Yonkers, NY
PH	ILS.	9/19	Voorhees, NJ
KE	EN H.	9/21	Reno/Sparks, NV
<b>13 YEARS</b> MI	KE T.	7/26	Plantation, FL
CH	IRIS N.	9/5	Voorhees, NJ
DA	AN W.	9/8	Eggertsville, NY
BO	)B J.	9/11	Pawtucket, RI
MA	ARIO D.	9/12	Douglaston, NY

<b>13 YEARS</b> (cont) ORI	N W.	9/13	East 87th Street, NY
	NILA L.	9/24	Seoul, KOR
GRA	ACIE V.	9/29	Reno/Sparks, NV
<b>12 YEARS</b> GAG	GIK G.	8/28	Burbank, CA
BOI	NNIE Y.	9/16	Calgary, AB
11 YEARS	NNY M.	7/10	Plantation, FL
TRI	SH	8/13	Calgary, AB
MIK	KE P.	8/22	Wantagh, NY
BAI	RRY S.	9/2	Staten Island, NY
DO	MINIC C.	9/11	Las Vegas, NV
МА	RIBEL A.	9/14	San Diego, CA
MIK	KE D.	9/23	Staten Island, NY
FRA	ANCESCO S.	9/28	San Diego, CA
<b>10 YEARS</b> MA	TT F.	8/28	Woodbury, NY
JAN	NIS G.	9/10	Settlement/St. Francis, NY
SAN	NNAM G.	9/19	Cheongju, KOR
LIN	DA S.	9/21	Staten Island, NY
9 YEARS WAY	YNE L.	8/21	Oceanside, NY
PEC	GGY H.	9/5	Reno/Sparks, NV
DAV	VE A.	9/11	Oceanside, NY
JOE	E C.	9/19	Reno/Sparks, NV
TOT	NY N.	9/28	Downey Zoom, CA
8 YEARS RAI	LPH S.	8/2	Rockville Centre, NY
JOH	IN N.	9/5	Douglaston, NY
JOH	IN L.	9/16	San Diego, CA
KA	YS.	9/27	Reno/Sparks, NV
NAI	NCY B. (2)	9/28	San Diego, CA
7 YEARS BRI	ENTON W.	7/19	Ft. Lauderdale, FL
CHA	ARLES K.	9/5	Canton, MA
ROI	N P.	9/11	Somerdale, NJ
AAI	RON J.	9/28	Eggertsville, NY
<b>6 YEARS</b> JAY	́С.	8/17	New Hyde Park, NY
HAI	NNA B.	9/7	San Diego, CA
BAI	NGHWA J.	9/8	Goyang, KOR
MIK	KE S.	9/8	Gardena Friday Zoom, CA
SHA	ARON M.	9/9	San Diego, CA
JAN	IET H.	9/26	Plantation, FL
<b>5 YEARS</b> NAT	ΓHAN W.	7/26	St. Charles, IL
DAI	RLENE	8/31	Medicine Hat, AB
	RB S.	9/3	Hamburg, NY
SUZ	ZANNE S.	9/5	San Diego, CA
	PO P.	9/12	Seoul, KOR
LIS	A P.	9/17	Las Vegas, NV
ROS	SE L.	9/18	San Diego, CA

5 YEARS (cont)	DONNA F.	9/23	Yonkers, NY
	DEBBIE L.	9/27	San Diego, CA
	STEVE L.	9/27	San Diego, CA
4 YEARS		7/1	Coral Springs, FL
	ANDREE G.	7/3	Plantation, FL
	ANGIE C.	8/14	Plantation, FL
	MICHELE M.	9/6	Hamburg, NY
	TOM L.	9/8	Hicksville, NY
	MIKE S.	9/12	Wantagh, NY
	SANDY W.	9/13	Hamburg, NY
	ANTHONY B.	9/19	Sierra Madre, CA
3 YEARS	DEBBIE	8/26	Calgary, AB
	RIKU M.	9/14	San Diego, CA
	DIANA G.	9/22	Reno/Sparks, NV
	RAY K.	9/29	48th Street, NY
2 YEARS	. JAMES C.	8/28	Rancho Cucamonga, CA
	RYAN L.	9/1	San Diego, CA
	JERRY	9/2	Calgary, AB
	MARY	9/2	Calgary, AB
	MARK E.	9/3	Ocean Parkway, NY
	SINDONG J.	9/3	Jeonju, KOR
	WILL S.	9/4	Las Vegas, NV
	JULIA G.	9/10	Griffith Park Sunday, CA
	ТҮ	9/11	Pawtucket, RI
	ZAC H.	9/16	San Diego, CA
	ANNMARIE C.	9/23	Church on the Hill, NY
	NICK M.	9/28	Staten Island, NY
1 YEAR	CHERYL M.	6/16	St. Charles, IL
	ALONDA B.	7/7	Lisle, IL
	ANN P.	7/18	Joliet, IL
	STEVE T.	8/2	Cherry Valley, IL
	MICHELLE K.	9/1	Hicksville, NY
	AUSTIN V.	9/2	Griffith Park Saturday, CA
	MALOU R.	9/3	San Diego, CA
	GARRETT S.	9/4	Woodbury, NY
	ALVARO D.	9/5	East 31st St., NY
	MARILYN A.	9/6	San Diego, CA
	BRIAN W.	9/7	San Diego, CA
	GOYANG Y.	9/8	Ilsan, KOR
	VICTOR L.	9/9	Staten Island, NY
	STEPHANO C.	9/9	Yonkers, NY
	GURAE Y.	9/10	Paju, KOR
	RAYMOND H.	9/10	Ocean Parkway, NY
	BRAD M.	9/12	North Andover, MA
	JORDAN P.	9/13	East 87th Street, NY

<b>1 YEAR</b> ( <i>cont</i> ) BUKGU K.	9/14	Soowon, KOR
JUNGJA S.	9/14	Soowon, KOR
HWASEO M.	9/14	Soowon, KOR
HUPYUNG S	. 9/14	Chuncheon, KOR
DAVID K.	9/18	Staten Island, NY
KEITH G.	9/18	Oceanside, NY
GEUMREUN	G S. 9/19	Cheongju, KOR
SEONGNAM	M. 9/21	Seoul, KOR
BYULNAI J.	9/21	Seoul, KOR
DE ILA M.	9/22	Henderson, NV
CHEONGJU I	L. 9/23	Incheon, KOR
ELAINE P.	9/24	Settlement/St. Francis, NY
CHARISSE M	I. 9/25	Richmond Hill, NY
GANGDONG	J. 9/26	Seoul, KOR
JUAM P.	9/26	Seoul, KOR
SINNAI Y.	9/26	Seoul, KOR
JOE S.	9/28	Plainville, MA
KATHY Z.	9/28	West Seneca, NY
BOB L.	9/29	San Diego, CA
BOB Sa.	9/30	Las Vegas, NV

## I.S.O. CAN CONTRIBUTIONS AUGUST 2023

## CALIFORNIA

C4	Anaheim Wednesday	\$44.00	C588 Burbank Friday PM \$	81.00
C16	Anaheim Monday PM	\$24.00	C639 Diamond Springs	
C28	Anaheim Sunday PM	\$37.00	Thursday \$	69.00
C77	San Diego Intergroup	\$166.50	C765 Fair Oaks Thursday AM \$	35.00
C82	Anaheim Thursday PM	\$11.00	C857 Elk Grove Tuesday \$	649.00
C92	Mission Viejo		C858 North Hollywood	
	Tuesday PM	\$16.00	Tuesday \$	62.85
C152	Riverside Saturday	\$5.00	C863 Rancho Cucamonga	
C161	Dana Point Saturday Step	\$10.00	Thursday PM \$	61.00
C185	Sacramento Thursday	\$20.00	C949 Mission Viejo Friday \$	616.00
C412	Sierra Madre Tuesday	\$76.00	C1002 Burbank Monday \$3	72.00
C413	Rancho Cucamonga		C1012 Irvine Thursday \$	53.00
	Monday	\$7.00	C1017 Simi Valley Thursday \$	58.66

CALIFORNIA (cont)						
C1105	Sacramento Stop &		C1403 Rancho Cucamonga			
	Grow Saturday AM	\$96.00	Wednesday PM	\$32.00		
C1285	Rancho Cucamonga		C1411 Rancho Cucamonga			
	Saturday PM	\$38.00	Monday Noon	\$39.00		
C1302	Roseville Friday	\$55.00	C1496 Burbank Wednesday	\$31.00		
	2 Dana Point Saturday AM	\$24.00	C1694 Auburn Wednesday	\$27.00		
	Rancho Cucamonga		C1724 Inland Empire			
	Tuesday	\$5.00	Intergroup	\$17.00		
		CONNEO	CTICUT			
C60	Hartford Friday	\$20.00				
		DELA				
C129	St. Marka Wadnaaday	DELAV	WAKE			
C128	St. Marks Wednesday	\$52.00				
		FLOF	RIDA			
C262	Plantation Friday PM	\$20.00	C263 Plantation Wednesday PM	\$23.00		
		GEOI	DCTA			
C1530	Norcross Sunday	\$10.00	XGIA			
C1559	Notcioss Sunday	\$10.00				
		ILLIY	NOIS			
C61	Joliet Monday	\$50.00	C425 Elk Grove Village			
C65	Willa Rawls Manor	\$10.00	Thursday	\$50.00		
C72	Edison Park Tuesday	\$25.00	C1180 Silvis Monday PM	6186.00		
C76	Lisle	\$12.00	C1511 Downers Grove			
C85	Kankakee	\$20.00	Thursday	5100.00		
C146	Elgin Sherman Oaks					
	Hospital Sunday	\$11.00				
		MASSACI	HISFTTS			
C1600	Canton Tuesday	\$134.00				
01000	Canton Tarbady	φ10 H00				
		NEV	ADA			
C42	G.A. OF Southern					
	Nevada	\$754.36				
NEW JERSEY						
C1457	' Marlton Thursday	\$25.00				
-						
		ORE	GON			
C1480	Oregon City Friday	\$16.00				
		PENNSY	T VA NI A			
C208	South Hills Tuesday	\$21.00				
C200	South Hins Tuesuay	ψ21.00				

## GROUP CONTRIBUTIONS AUGUST 2023

## ARIZONA

Prescott Wednesday @	
Compass	50.00
Prescott Saturday @ Compass	50.00
Phoenix Thursday	53.00
CALIFORNIA	
Anaheim Monday Zoom	20.00
Burbank/North Hollywood	
Zoom	120.00
Burlingame Monday	125.00
Downey Saturday Online	40.50
Griffith Park Saturday	35.00
Griffith Park Sunday	43.00
Lincoln Wednesday	21.00
Lincoln Friday AM	17.00
Lincoln Sunday	37.00
Monterey Monday PM	25.00
Oroville Monday	71.00
Palm Springs Sunday AM	50.00
Redwood City	50.00
Redwood City Tuesday Step	50.00
Reseda Saturday Zoom	250.00
San Pablo Wednesday	100.00
Santa Monica Wednesday PM	118.00
Stockton Tuesday	10.00
COLORADO	
Denver Thursday	50.00
CONNECTICUT	
Pawcatuck Tuesday	25.00
FLORIDA	
Boca Raton Monday Women	
Helping Women Zoom	20.00
Boca Raton Thursday	100.00
Boynton Beach Tuesday	20.00
Daytona Beach Tuesday	37.50
Daytona Beach Thursday	37.50
Delray Beach Sunday	
Crossroads	25.00
Fort Myers Thursday	50.00

Ft. Lauderdale 12 Step House	100.00
Holiday Monday	25.00
Maitland Sunday AM	50.00
Plantation Wednesday	50.00
Port St. Lucie	10.00
GEORGIA	
Norcross Sunday Korean	10.00
ILLINOIS	
Bloomington Wednesday	250.00
Springfield Sunday	25.00
St. Charles Thursday Zoom	2.00
LOUISIANA	
Baton Rouge Monday	100.00
Baton Rouge Tuesday	25.00
MAINE	
York Saturday AM	20.00
MASSACHUSETTS	
Lowel Sunday PM	40.00
North Andover Tuesday	73.00
Watertown Friday	80.00
MICHIGAN	
Sanford Thursday	20.00
NEW JERSEY	
Basking Ridge Saturday	50.00
Bloomfield Thursday	10.00
Bloomfield Sunday	5.00
Carlstadt Wednesday	100.00
Fairlawn Friday	25.00
Linwood Thursday	100.00
Metuchen Tuesday	50.00
Ocean Monday	100.00
Old Bridge	10.00
Pompton Plains Tuesday	100.00
Ridgewood Wednesday	75.00
Sayrewoods	50.00
Toms River Saturday	50.00
Toms River Sunday	50.00
Westfield Wednesday	55.00
Westwood Monday	25.00

NEW YORK		Roxborough Tuesday	20.00
Pomona Tuesday	200.00	SOUTH DAKOTA	
Staten Island Wednesday		Yankton Tuesday	5.00
St. Vincent	50.00	TEXAS	
Staten Island Thursday		Dallas Pathways Sunday	45.00
Holy Rosary	10.00	Fort Worth Monday	30.00
Staten Island Thursday		You Are Fort Worth It Online	115.00
St. Patrick's	10.00	WASHINGTON	
Woodbury Monday	100.00	Everett Thursday	100.00
OHIO		Issaquah Wednesday	10.00
Geneva Wednesday	46.00	Kennewick Wednesday	25.00
OKLAHOMA		Mount Vernon Tuesday	25.00
South Oklahoma City	175.00	Tacoma Monday	20.00
OREGON		Tacoma Thursday	40.00
Yukon Thursday	100.00	CANADA	
PENNSYLVANIA		Alberta	
Bala Cynwyd Monday	350.00	Edmonton Wednesday/	
Doylestown Monday	50.00	Sunday PGRN	445.53
Harrisburg Monday	20.00	KOREA	
NE Philadelphia Wednesday	25.00	Seoul	60.00
NE Philadelphia Sunday			
Nazareth	25.00		

## INTERGROUP CONTRIBUTIONS AUGUST 2023

Baton Rouge	L.A. Intergroup 150.00
Delaware Valley150.00	New England
Greater Sacramento	Orange County
Inland Empire	South Florida 100.00
Intergroup of the Carolinas 100.00	Western Washington 20.00

## INTERGROUP CONTRIBUTIONS FROM GRATITUDE WEEK AUGUST 2023

Florida West Coast

400.00

## NATIONAL HOTLINE DONATIONS AUGUST 2023

Area 1	L.A. Intergroup	14.00
Area 6	South Florida Intergroup	20.00

## BULLETIN SUBSCRIPTIONS AUGUST 2023

Two Subscriptions for a Total of \$96.00

## ONE TIME INDIVIDUAL MEMBER DONATIONS FOR GRATITUDE WEEK AUGUST 2023

Russell H., California

## ONE TIME DONATIONS AUGUST 2023

One-Time Donation Norcross Sunday Korean, Georgia

One-Time Donation in honor of Gloria B.'s 3-year anniversary Syracuse, New York

One-Time Donation Sunday A.M. phone meeting, Miscellaneous Areas

One-Time Donation in memory of Rudy S. Gamblers Anonymous of Southern Nevada, Nevada

> One-Time Donation Rich M., Duluth, Minnesota

One-Time Donation in honor of GA anniversaries for Popeye of Edmonds, WA; Lynell B. of North Hollywood, CA; Joe C., of New York, NY; Robyn H., of Denver, CO; and Mary H., of Eugene, OR. Anonymous, Eugene, Oregon August Meeting Donation Board of Regents, California

One-Time Donation in honor of my 26-years in Gamblers Anonymous. Debbie M., Fort Myers, Florida

One-Time Donation from a member, Saturday New Westminster, Wednesday Port Coquitlam, and Monday Abbotsford meetings. Greater Vancouver, British Columbia

One-Time Donation for literature for Sierra Madre. Tony O., Sierra Madre, California

> One-Time Donation David M., Green Brook, New Jersey

One-Time Donation in memory of Brenda Joy R. who passed away recently. KC B., Las Vegas, Nevada

> One-Time Donation Dylan K.

One-Time Donation Bill B., Delray Beach, Florida

One-Time Donation in memory of my father, Jim S., of Nebraska. James S., Tempe, Arizona

> One-Time Donation Stephanie B., Bourg, Louisiana

One-Time Donation Jeff A., North Hollywood, California

## GAMBLERS ANONYMOUS INTERNATIONAL SERVICE OFFICE YTD 2024 BUDGET VERSUS 2023 ACTUALS

	Budget thru July23-Jun24			Budget thru July22-Jun23		Actuals thru July22-June23		\$ Change Budget/Actuals	
<b>REVENUE:</b>									
Contributions									
Group Contributions	\$	55,000.00	\$	50,000.00	\$	56,265.99	\$	(6,265.99)	
Gratitude Week	\$	20,000.00	\$	18,000.00	\$	16,888.79	\$	1,111.21	
Lifeliners	\$	110,000	\$	115,000.00	\$	98,426.98	\$	16,573.02	
ISO Can Contributions	\$	37,000	\$	35,000.00	\$	37,769.14	\$	(2,769.14)	
Intergroup & RSO									
Contributions	\$	30,000	\$	25,000.00	\$	24,074.11	\$	925.89	
One Time Donations	\$	50,000	\$	60,000.00	\$	38,781.11	\$	21,218.89	
National Hotline Donations	\$	750	\$	1,000.00	\$	678.00	\$	322.00	
Walk-A-Thons	\$	60	\$	-	\$	60.00	\$	(60.00)	
Total Contributions	\$	302,810.00	\$	304,000.00	\$	272,944.12	\$	31,055.88	
Bulletin Subscriptions									
Bulletin Subscriptions	\$	1,500	\$	1,500.00	\$	1,388.00	\$	112.00	
Total Bulletin	\$	1,500	\$	1,500.00	\$	1,388.00	\$	112.00	
Literature Sales									
Sale of Literature	\$	210,000	\$	180,000.00	\$	206,413.26	\$	(26,413.26)	
E-Reader	\$	250	\$	500.00	\$	125.80	\$	374.20	
Literature Shipping	\$	45,000	\$	40,000.00	\$	39,390.43	\$	609.57	
Sales Tax Collected	\$	1,500	\$	1,340.00	\$	1,898.82	\$	(558.82)	
PayPal Fees	\$	7,500	\$	6,800.00	\$	7,391.96	\$	(591.96)	
Total Literature Sales	\$	264,250	\$	228,640.00	\$	255,220.27	\$	(26,580.27)	
<b>Conferences/Trustee Meetings</b>									
Conference/Trustee Meeting									
Proceeds	\$	4,000	\$	3,500.00	\$	6,850.00	\$	(3,350.00)	
Trustee Meeting Donations	\$	1,500	\$	3,000.00	\$	1,607.15	\$	1,392.85	
Seed Money Returned	\$	2,500	\$	3,000.00	\$	8,457.15	\$	(5,457.15)	
<b>Total Conference/Trustee</b>									
Meeting	\$	8,000	\$	9,500.00	\$	16,914.30	\$	(7,414.30)	
Other									
Interest Income	\$	50	\$	50.00	\$	90.17	\$	(40.17)	
Miscellaneous									
Reimbursements/Refunds	\$	300	\$	300.00	\$	2,283.00	\$	(1,983.00)	
Total Other	\$	350.00	\$	350.00	\$	2,373.17	\$	(2,023.17)	
Total Revenue	\$	576,910.00	\$	543,990.00	\$	548,839.86	\$	(4,849.86)	
EXPENSES:									
Literature and Bulletin Expenses									
Literature	\$	90,000	\$	80,000.00	\$	100,081.30	\$	(20,081.30)	
Pay Pal Fees	\$	7,500	\$	5,500.00	\$	7,391.96	\$	(1,891.96)	
Quarterly Sales Taxes	\$	1,500	\$	1,200.00	\$	1,649.00	\$	(449.00)	
Postage/Shipping	\$	55,000	\$	45,000.00	\$	50,000.00	\$	(5,000.00)	
Bulletins	\$	9,000	\$	8,500.00	\$	9,808.21	\$	(1,308.21)	
Visa/MC Service Fee	\$	1,000	\$	750.00	\$	2,457.08	\$	(1,707.08)	
Total Literature and Bulletin									
Expenses	\$	164,000	\$	140,950.00	\$	171,387.55	\$	(30,437.55)	

## GAMBLERS ANONYMOUS INTERNATIONAL SERVICE OFFICE YTD 2024 BUDGET VERSUS 2023 ACTUALS (cont)

1		get thru 23-Jun24		udget thru ly22-Jun23		tuals thru ly22-June23	Bu	\$ Change dget/Actuals
Conference/Trustee Meeting								
Expenses								
I.E.S. Expenses for Trustee	<i>.</i>	2 000	<i>.</i>	• • • • • •	<i>.</i>	<b>2</b> 000 (1	¢	(00.64)
Meeting	\$	3,000	\$	2,000.00	\$	2,093.64	\$	(93.64)
BOR Chair Expenses for	¢	2 500	¢	2 500 00	¢	0.049.61	¢	451.20
Trustee Meeting	\$ \$	3,500	\$ \$	2,500.00	\$ \$	2,048.61	\$ \$	451.39
BOT Chair Meeting Exp	Դ Տ	10,000 3,000	ֆ \$	10,000.00	ֆ \$	5,517.13	э \$	4,482.87 474.55
NonConference BOT Exp Seed Money/Conference	¢	5,000	ф	4,000.00	ф	3,525.45	Ф	4/4.33
Collections/Refunds	\$	2,000	\$	2,000.00	\$	2,250.00	\$	(250.00)
Total Conference/Trustee	ψ	2,000	ψ	2,000.00	ψ	2,250.00	Ψ	(250.00)
Expenses	\$	21,500	\$	20,500.00	\$	15,434.83	\$	5,065.17
General Administrative and O	•	1,000	Ψ	20,200.00	Ψ	10,10 100	Ψ	0,000117
Payroll	\$	224,000	\$	223,079.46	\$	213,921.22	\$	9,158.24
Payroll Taxes	\$	20,000	\$	18,894.83	\$	18,190.13	\$	704.70
Health Insurance	\$	20,000	\$	20,000.00		20,717.22	\$	(717.22)
Payroll Processing Fees	\$	2,600	\$	2,500.00		2,682.96	\$	(182.96)
Workers Comp Insurance	\$	2,000	\$	2,100.00	\$	1,667.00	\$	433.00
Match for Employee IRA	\$	5,500	\$	5,334.45	\$	5,362.34	\$	(27.89)
Rent + Cam Fees	\$	53,000	\$	49,639.68		51,068.16	\$	(1,428.48)
Office Expenses	\$	8,000	\$	7,500.00	\$	9,071.97	\$	(1,571.97)
Telephone Bill/Internet	\$	5,500	\$	5,000.00	\$	5,515.82	\$	(515.82)
Electric / Gas Bill	\$	4,000	\$	4,000.00	\$	3,692.01	\$	307.99
Lease/Maintenance Postage	Ψ	.,000	Ψ	1,000100	Ψ	0,002101	Ψ	00100
Meter & Scale	\$	1,800	\$	1,300.00	\$	1,525.04	\$	(225.04)
New Equipment, Including	Ŧ	- ,	Ŧ	-,	Ŧ	-,	-	()
Computers	\$	2,000	\$	4,000.00	\$	3,062.64	\$	937.36
Maintenance/Monitor ADT		,		,		,		
Alarm	\$	600	\$	600.00	\$	510.60	\$	89.40
Quarterly Air Conditioning/								
Heater Maintenance	\$	400	\$	360.00	\$	360.00	\$	-
I.S.O. Website/Internet &								
App Expense	\$	15,000	\$	7,500.00	\$	4,503.71	\$	2,996.29
Maint/Repair/Misc Equip	\$	500	\$	500.00	\$	-	\$	500.00
Fidelity Bond Insurance	\$	750	\$	750.00		726.00	\$	24.00
Office Contents Insurance	\$	1,900	\$	1,800.00	\$	2,453.00	\$	(653.00)
D&O Liability Insurance	\$	2,700	\$	2,700.00	\$	2,524.00	\$	176.00
Filing Fees	\$	150	\$	150.00	\$	-	\$	150.00
National Hotline Yearly								
Payment	\$	1,000.00	\$	1,000.00	\$	661.89	\$	338.11
Accounting	\$	9,500	\$	9,500.00	\$	9,500.00	\$	-
Returned Checks/Bank	<i>.</i>	200	<i>.</i>	200.00	<i>.</i>	201 51	¢	(1 = 1)
Fees/Adj	\$	300	\$	300.00	\$	301.71	\$	(1.71)
Literature Committee	\$	1,000	\$	1,000.00	\$	1,000.00	\$	=
National Hotline Publicity	¢	1 000	¢	1 000 00	¢	1 000 00	¢	
Expense	\$ \$	1,000	\$	1,000.00	\$	1,000.00	\$	-
Help or Initiate Meetings	Э	5,000	\$ \$	5,000.00	\$ \$	5,000.00	\$ \$	(269.52)
Conference Liabilty Insur. Total G&A and Other	\$	388,200	э \$	375,508.42	э \$	268.52 365,285.94	э \$	(268.52) <b>10,222.48</b>
		,		,		,		,
Total Expenses	\$	573,700	\$	536,958.42	\$	552,108.32	\$	(15,149.90)
Net Cash Flow Gain / (Loss)	\$	3,210.00	\$	7,031.58	\$	(3,268.46)	\$	10,300.04
			25					

## GAMBLERS ANONYMOUS INTERNATIONAL SERVICE OFFICE OPERATING STATEMENT AUGUST 2023

CASH IN OPERATING ACCOUNT AUGUST 1, 2023		\$84,302.67
INCOME FOR AUGUST 2023		
Ohio 2023 B.O.T. Mtg. Hotel Refund	2.00	
Group Contributions		
Intergroup Contributions		
ISO Can Contributions	'.37	
Lifeliners Contributions 6,987	00.'	
	00.4	
Gratitude Week		
	5.00	
One-Time Donation		
	5.60	
Literature Shipping		
Sale of Literature		
Sales Tax Collected		
	).68 3.14	
PayPal Literature Process Fees		
-		
TOTAL		<u>\$50,050.44</u>
CASH AVAILABLE FOR AUGUST.		\$134,353.11
EXPENSES FOR AUGUST		
Rent & Cam Fees         4.315	5.20	
Payroll		
Payroll Taxes (Federal & State) 1,084		
Payroll Processing Fee		
Office Expenses	.94	
Health Insurance	5.29	
Telephone/Internet Bill453	.05	
Electric Bill		
	8.60	
	2.55	
Computer/Internet/App Exp 2,650		
	0.00	
Match for Employees Simple IRA		
Conf. Seed Money – Spring 2024 Trustees Mtg500Visa/MC Service Fee137		
Literature12,174PayPal Literature Processing Fees933		
Postage         5,500		
Lifeline Bulletins		
Temp Help & Placement Fees	372	
Fidelity Bond Insurance		
TOTAL EXPENSES		\$ 51,718.28
MONTHLY NET INCOME (NET LOSS)		- <u>-</u>
		\$ (1,667.84)
CASH IN OPERATING ACCOUNT AS OF AUGUST 31, 2023	• • •	\$ 82,634.83
FISCAL YEAR STARTING JULY 1 <sup>ST</sup> TO DATE NET INCOME (NET LOSS)		\$ (3,310.33)

## Literature Sale!

Effective January 1, 2023, prices on items shown below have been reduced while stock lasts.

#### Reduced Price

- 0.25 Suggestions for a Successful 90-Day Room
- 1.00 Handbook for Judiciary, Lawyers, Counselors, etc
- 1.00 Towards Recovery in Prison
- 0.25 Have I Quit the Fellowship?
- 5.00 Sharing Recovery Through Gamblers Anonymous (Blue Book) revised/printed 12/07
- 1.50 Spanish Working the Steps Pamphlet
- 0.75 Spanish Beyond 90 Days Booklet
- 0.50 Spanish Let it Stay Here Card
- 0.25 \*\*Spanish\*\* G.A. Coins
- 2.50 Spanish Slogans of the Program Cards
- 0.50 Spanish Coping With Urges
- 0.50 Spanish Your First Meeting
- 0.50 Spanish New Member Retention
- 0.25 GA Treasury Guideline Example
- 1.75 Group Study Book on Unity Steps
- 1.50 G.A. Intergroup Handbook
- 0.75 G.A. Suggestions for New Member Retention
- 2.00 Beyond 90 Days on CD
- 2.00 Towards 90 Days on CD
- 3.00 Big Steve DVD

Hostorie

3.00 Even Up The Odds DVD

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# 2023 Fall International Conference Chicago • November 17 - 19, 2023

Hilton Oak Brook Hills Resort and Conference Center 3500 Midwest Road, Oak Brook, IL 60523

Plan	Package	Conference and Meals
А	<b>Registration and 2 Dinners</b>	\$225.00
В	Registration Only (Includes Lunch Voucher)	\$75.00
С	1 Friday Dinner Only	\$75.00
D	1 Saturday Dinner Only	\$75.00

Room Rates of \$120.00 per night are guaranteed for 3 days prior and 3 days following the conference. Hotel reservations are to be made directly with the Hilton Oak Brook Hills Resort & Conference Center by calling (630) 850-5555 or Toll Free at 1-800-HILTON When booking your room, use the group code: CHIIIC and mention "2023 Fall Conference" to receive the discounted rates. Or use the following link:

https://www.hilton.com/en/attend-my-event/chibhhh-chiiic-a9091837-ff8b-43cb-8b84-78c58c75bc0b/

#### For additional info, visit our website: www.internationalconference2023.org RESERVATIONS MUST BE MADE BY OCTOBER 16, 2023 TO RECEIVE THE CONFERENCE RATE

These room rates do not include taxes. We recommend that you fly into one of the following Chicago Airports: CHICAGO O'HARE INTERNATIONAL (Airport Code ORD) or CHICAGO MIDWAY INTERNATIONAL (Airport Code MDW)

## - 2023 International Conference Registration Form -

Registrant #1		
Full name: (Required)		
Plan(s) Selected:	Name on Badge _	
Check (X) One: GA	GAM-ANON	_ NON-AFFILIATED
Phone Number:	Email:	
Street Address:		
		Country
Registrant #2		
Full name: (Required)		
Plan(s) Selected:	Name on Badge _	
Check (X) One: GA	GAM-ANON	_ NON-AFFILIATED
Phone Number:	Email:	
Street Address:		
City:	State/Province:	Country
Amount Enclosed:	(\$100	Minimum Deposit. Balance due by 11/1/2023)
Checks or money orde		go International Conference can be mailed vistration Form to:

Chicagoland Intergroup, P.O. Box 3649, Lisle, IL 60532

For additional payment information and more details, please see online instructions.

## G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 27, 2022

#### ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time Eastern Time	Call-In Number	Meeting Code	Email for Information
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

**US callers** who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

**ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA** – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time Pacific Time	Call-In Number	Meeting Code	Email for Information
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

## FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words CALL ME to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

# Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because ...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

## Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMO	OUNT OF:
NAME	
ADDRESS:	
CITY & STATE:	ZIP:
Please mail this with your init	ial contribution to:
GAMBLERS ANONYN	MOUS I.S.O.
1306 MONTE VISTA AVE., STE.	5, UPLAND, CA 91786

Thank you for your support !!